## ABSTRACT

A power saving method and device capable of dynamically select an appropriate power saving mode according to operation states of a computer system. When a power saving system task 15 detects that an execution queue 132 does not contain any executable user task and the computer system has entered an idle state, a power saving transition check module 154 checks if an event queue 131 contains a timer-expiration-waiting event. Depending upon whether or not the timer-expiration-waiting event is present, the computer system moves from a normal operation mode to a first or a second power saving operation mode, each power saving operation mode having its own power saving effect. A power saving mode release module 231 of an interrupt handler 23 returns the system from the first or second power saving operation mode to the normal operation mode in response to an occurrence of an interrupt. For example, in the first power saving operation mode, the CPU operation clock is stopped. the second power saving operation mode, the CPU operation clock 20 is stopped and, at the same time, a timer interrupt operation is disabled.

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